

“Values: The True Foundation of Success”

“When there is righteousness in the heart, there is beauty in the character. When there is beauty in the character, there is harmony in the home. When there is harmony in the home, there is order in the nation.”-APJ Abdul Kalam

This quote beautifully reflects the ripple effect of values—how nurturing them within the home can elevate character, strengthen families, and ultimately contribute to a harmonious society.

Values: The Real Basis for Achievement

In a world that is moving so fast these days, for many successes is determined by wealth, job status and qualification. But those achievements are rooted in even deeper values that mould character and drive behavior. Character traits such as honesty, respect, empathy, responsibility and perseverance are more than just nice values – they’re the building blocks that inspire children to become confident, communicate openly, and work cooperatively as they become independent decision-makers and valuable contributors to society.

Why Morals Are More Vital Than Before Academic knowledge can open some doors, but our views will shape how we walk through those doors. To a child who is practicing responsibility, obstacles are met with confidence; to one who is practicing empathy, genuine connection becomes possible; and to one who is practicing integrity, the opportunities to be trustworthy multiply. True success is measured by the content of character and not accomplishments.



Here are few ways of building strong values in children at home:

- **Set an example for the values you wish to impart:**

Let children witness how you handle anger, stress, or mistakes calmly- When a parent spills juice by accident, they wipe it up quietly and without placing blame. After witnessing this tolerance and honesty, the child shows that they have internalized the behavior by subsequently apologizing honestly when they damage a tiny household object.

- **Introduce Values Rituals to the Family:**

Each member of the family can share what they are thankful over the meal. With his or her ability expanding, so does a good will and understanding as they learn to acknowledge and say thank you for acts of kindness within the home and school.

- **Make Lessons Out of Ordinary Circumstances:**

On sibling rivalry, the parent can model disagreeing by asking each child to share how they feel before taking sides. The children practice fair turn-taking, listening and the importance of asking one another, “How does it feel?” They eventually learn to resolve conflicts peacefully and empathetically on their own.

- **Share Inspirational Narratives:**

Like sharing stories about bravery, honesty and kindness from your community, your history or your life- A parent can tell the story of a young climate activist who organized a local cleanup and educated others about climate change.

- **Promote Accountability:**

Assign minor household tasks to your kids and appreciate incidences of responsibility and effort, not just results – like watering the plants is the job given to one child for the day. The seeds have now grown into flourishing plants and the child is happy to have participated. Rather than focusing solely on perfection, the parent fosters responsibility by praising the effort.

- **Engage in Open Communication:**

Practice being peaceful and recognize everyone’s opinion has value – E.g A child whinges about their school work. The parent is in-tuned to their feelings and hears them without prejudging. The child gains confidence and empathy as a result of feeling understood and learning how to express feelings clearly.

The True Measure of Success

The students of today are the leaders of tomorrow. Equipping them with knowledge is essential but nurturing them with values ensures they will use that knowledge wisely. Success built on values lasts a lifetime, because it is rooted in character, compassion, and integrity. By nurturing values through daily actions, parents plant seeds that grow into a strong moral foundation for their children. These values become guiding principles in school, friendships, and future careers.

**With best wishes,
Health & Wellness Department
Delhi Public School-Bopal, Ahmedabad**