

Workshop on Team Building

A workshop "**Team Building**" was conducted by Counselling Department on 19 September 2017. The workshop was aimed at developing a positive approach towards the team members.

The workshop was introduced by Ms. Jennifer with an interesting icebreaking activity in which teachers were divided into groups and each group was assigned with a task. The task was assigned in a way where every member of the group had to participate. At the end of activity, participants were introduced with the presentation on Team Building with the story of the Hare and Tortoise. She explained all the major key aspects for building a good team. This gave them an insight about the feelings that they should carry when they are working as a team.

And the session ended with an interactional session with the teachers which will help them to use it for a **positive** and **healthy** team building.

