

RHYTHM OF THE HEART



A dancer's feet conquers all.

Who would know that better than a woman who is at the pinnacle of her dancing career. Padmashri Shovana Narayan graced the halls of Delhi Public School, Bopal, under the aegis of SpicMacay on 6th February to share with the students and teachers her valuable knowledge on the splendid form of classical dance- Kathak. The danseuse said that, "Passion is her mantra and time is her best friend." This dancing legend strongly believes that through her dance, she can connect to each and every individual and convey her emotions effectively.



An alumnus of Miranda House, she went on to become a civil servant but never gave up her undying love for dance and always managed to make time for it. The student editorial committee held an interview where we came to know that she has received many awards including the Padmashri, Bharat Nirman Award,

National Integration Award, Japan's Oisca Award, Sangeet Natak Akademi Award and Rotary International Award. She has now become a symbol of elegance and poise who has set an example for hundreds of amateurs.



Travelling around the world, she learnt that all dances are a reflection of each other. Also, she gave an example of the same through Spanish flamenco, English ballet and Indian kathak. She feels that acting and dancing both are about portraying one's feeling. Leaving no stone unturned in her chosen field, this kathak maestro has also written books in her field of expertise. Although married to an Austrian Ambassador, she is fiercely proud of her Indian culture and tradition. The lecture demonstration which was based on Indian mythology,

was thoroughly enjoyed by students in the audience.

The presence of Padmashri Shovana Narayan is certain to have an indelible impact on the students.